New York. Jan. 24th 1848

Dear Brother Ames,

I very much regret that you have not yet recovered your health. I hope, however, that your affection is not quite as great as when I arrived in Unity last summer. I cannot help thinking that if you persevere in taking those medicines and exercise daily in the open air, your health will gradually improve, so that eventually you will be a well man. I hope I should rejoice to see you in as healthy a condition as I am. Be very particular what you eat and how little you drink. Remember that the eater and more simple your food the better it will be for you.

There is no doubt in my mind that you might exercise your lungs to the very great advantage of your general health. Mr. Bronson's plan of pronunciation in speaking and singing, no doubt is an excellent one. I know the man. He is now in our city delivering lectures. The exercise of the lungs in taking what is called long breaths, I think highly beneficial, and should be practiced frequently by every one. It brings every part of your organs into full action, causing them to become more vigorous and consequently enabling them to use the whole mass of the blood in the whole system more perfectly.

I have been conversing more with Mr. Whipple respecting your removal to Philadelphia. He says that it is much more probable that you would recover were you to live in that city than if you remain in the inclement climate of New England.
I must say that I fully coincide with him in that opinion. There is no doubt in my mind that the sale of the medicine there would be great. And not only in that city but in the extensive country south and west of Philadelphia for the fame of the Pills and Powders is spreading rapidly far and wide. 

Mr. W. tells me that the sales constantly increase, so that his manufactory is not half large enough, should the demand continue to augment as they have done for some time past. These medicines are proved to be a sure remedy for the liver complaint, and fever & ague. Now these are complaints which are very prevalent in youth and rest, and a great part of that trade you would get instead of its coming to New York to sell to him for himself. He appears very anxious that you should go there, for he thinks that the climate might benefit your health and that you would make a great deal of money both for yourself and for him. Now don't make a "mountain of a molehill." You will, of course, leave your farm in Union where it is!! Either sell it or let it at 

You may as well sell it, for I do not believe you will ever wish to go back there again to live, and it will probably sell for as much now as it ever will during your life. However dear the old spot of earth may be to you, still remember that the whole earth is but a small spot, and that it is of but very trifling consequence on what particular part of it we may live. For after death, the dust that comprises us or our friends is of no more real value than any other mass of matter in the parts of our globe. We should remember our friends for the sake of their virtues, and strive to make ourselves worthy of being remembered for good. long after these bodies shall have been mingled with the dust of the valley.
You learn by friend Morley that Mr. Macarty had advanced the price on the stock. You recollect that the last time I wrote you I told you it would soon be too late. Here it not for the doctor, he would have advanced to 800 cts instead of 80 cts. I am glad that I have been able to induce him to make any deduction from the latter price to Mr. Moody and yourselves. Mr. Mo will tell you how highly he really values it. He has had opportunity to judge of it by witnessing the grand operation of the thing itself. It is no longer a conjecture— it is a positive fact. I wish you were here to see it. Although Mr. Moody had to pay a higher price than was expected by you, still we really think it is very cheap when we take into consideration the large sum we shall probably get for it. When you were here I did not find more than one fourth the value on it which I do not present— but this is very anxious to have a small interest in the writer to brother and to send on her money as soon as possible. If you see him, be so good as to urge him to do it for I think it will be of great importance to him. I feel so anxious that I do not wish to part with any of mine even at a large premium. I fully believe there is no investment to be compared to it.

So let me hear from you soon and often. Mary and the children join me in wishing you every earthly blessing.

Yours affectionately,

[Signature]

C. Perkins
My Dear Sister,

I trust this note finds you in good health and spirits. I hope to hear from you soon as I am eager to learn of your news.

Yours sincerely,

[Signature]

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1781

My Aunt

[Seal]